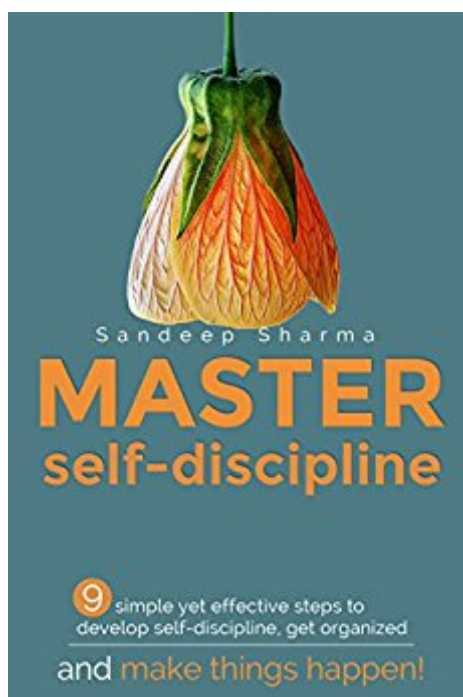


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# Master Self-Discipline: Simple And Effective Steps To Develop Self Discipline, Get Organized, And Make Things Happen! (Willpower, Stress Management, Self ... (Self Improvement And Motivational Book 1)



## Synopsis

Master Self-Discipline! Why do you need to master self discipline? Or why is self discipline so important in life? What differentiates successful people from crowd? These are the questions I asked myself when I was in college. I did my research and found that every successful person on this planet is master of self-discipline. They know exactly what they need to do and when. When you are self-disciplined then you are conscious. You are focused, and spend your time and energy on activities which you must do. That results in success which boosts your confidence, builds willpower and harness your greatness. Want to get results? Increase productivity? Then, I challenge you to challenge yourself, and master self-discipline and harness your greatness TODAY! Be focused and take control of your time- the most valuable currency of life. Take action and download your copy NOW only for \$2.99 \*\*\*Limited Time Offer- Buy Paperback version and get Kindle version Free\*\*\* A Proven 9-Step formula To Teach You How To Develop Self Discipline, Get Organized and Make Things Happen. Take Control Of Your Life And Achieve The Results You've Ever Dreamed of by mastering self discipline! Bonus eBook: 101 TIPS FOR AVOIDING PROCRASTINATION Here is a preview of what you'll learn in this book: What is self discipline and why is it so important in our life? How to identify behaviors in need of change to master self discipline? How to create and stick to your self discipline plan? How to develop a routine which will transform your life? How to first gain and then master your self discipline and consequently willpower? Why is self discipline the only key to success in life? 30-Day challenge tags: self discipline, daily self discipline, self discipline ultimate guide, self discipline guide, self discipline for success, power of self discipline, self discipline in 30 days, daily self discipline, master self discipline, ultimate self discipline

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## Customer Reviews

Indian author Sandeep Sharma has worked with some of the most renowned organizations in the world- United Nations, International Air Transport Association. Sandeep has written two other books, a "Habit Makes Perfect: Morning Rituals of 12 Most Successful People"™ and a "Affiliate Marketing: Learn to make crazy money with affiliate marketing today"™ and when coupled with this book MASTER SELF-DISCIPLINE it is evident that his experience in volunteer work in India and Liberia as well as his experiences in Asia, Africa and Europe that he is a man who cares about how we interact with others, with our work associates, and primarily with ourselves! The subtitle of this book a "9 Simple and Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen"™ a " is the core of his book. In his introductory comments Sandeep states, a "Before you read further, let me ask you a question - do you want to become successful? I know there is an obvious answer to that, which is a "Of course, yes!â •. Who doesnâ™t want to become successful in this world. In addition to this obvious answer, there is another obvious reason why many people fail to reach their full potential and ultimately give up. The reason is lack of motivation. Yes, you are right. Itâ™s the lack of motivation which stops us from giving our best. And here, Iâ™m not talking about motivation to move a mountain or anything like that. Iâ™m talking about motivation to do small things which we usually ignore, thinking those tiny things are not important, nor our priority. But let me tell you that those small things contribute to bigger things and ultimately to your success.

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